

Cilantro Lime Dressing

7 ingredients · 5 minutes · 8 servings



Directions

1. Add all of the ingredients into a blender and blend until completely smooth.
2. Season with additional salt or lime juice if needed. Transfer to an airtight jar or container and refrigerate until ready to use. Enjoy!

Notes

Leftovers

Refrigerate in an airtight container for up to five days.

Serving Size

One serving is equal to 2 tablespoons of dressing.

No Coconut Milk

Use almond milk instead.

Serve it With

Raw vegetables, on salads or on burgers.

Ingredients

- 1/2 Avocado (sliced)
- 2 tbsps Extra Virgin Olive Oil
- 1 tsp Sea Salt
- 1 tsp Ground Ginger
- 2 tbsps Lime Juice
- 1/4 cup Cilantro (finely chopped)
- 1/2 cup Organic Coconut Milk (from the can)

Nutrition

Amount per serving

Calories	78	Vitamin A	54IU
Fat	8g	Vitamin C	3mg
Carbs	2g	Calcium	3mg
Fiber	1g	Iron	0mg
Sugar	0g	Vitamin B12	0µg
Protein	0g	Magnesium	5mg
Sodium	300mg	Zinc	0mg